

# § 76865. Developmental Program Services -Health, Hygiene and Grooming.

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- (a) Each client shall be encouraged and assisted to achieve and maintain maximum independence in health, hygiene and grooming including bathing, brushing teeth, shampooing, combing and brushing hair, shaving, dressing, undressing and caring for toenails and fingernails.
- (b) Each client shall exhibit good personal hygiene and grooming and shall be free of offensive odors.
- (c) Each client shall have and use only his or her own personal toilet articles.
- (d) Each client shall have neat, clean, suitable, age appropriate and seasonable clothing to meet his or her needs.
- (e) Clients shall have their own clothing which is properly and inconspicuously marked when necessary.
- (f) Clients shall be dressed daily in their own clothing, suitable to the activities in which they are participating.
- (g) Clients shall be taught and encouraged as appropriate to:
  - (1) Select their daily clothing.
  - (2) Dress themselves.
  - (3) Change their clothes to suit the activities in which they participate.
- (h) Each client upon admission shall be given orientation to the facility and the facility's services and staff.
- (i) Each client shall be weighed at least monthly.
- (j) Each client's height shall be measured at least quarterly until the client achieves maximum growth.
- (k) The client shall be trained to use dentures, eyeglasses, hearing aids and braces, when these are prescribed. Provisions shall be made to identify and maintain these items in good repair and to make them available to the client.

(l) When indicated, each client's individual service plan shall include measures to prevent the development of decubitus ulcers, contractures and deformities. If contractures and deformities are present, the client's individual service plan shall specify treatment measures. These measures shall be implemented as written. Preventive and treatment measures shall include, but not be limited to:

(1) Mobilizing programs.

(2) Changing of position of bedfast and chairfast clients.

(3) Preventive skin care.

(4) Body alignment and joint movement.

(5) Pressure relieving devices.

(m) The facility shall not admit or retain clients with decubitus ulcers.

(n) Measures shall be used to prevent and reduce incontinence for each client who does not eliminate appropriately and independently and shall include:

(1) Written assessment within one month of admission of each client's ability to participate in a bowel and bladder management training program.

(2) An individual plan for each client selected for bladder and bowel training.

Note: Authority cited: Sections 208.4 and 1267.7, Health and Safety Code. Reference: Section 1276, Health and Safety Code.

22 CCR § 76865, 22 CA ADC § 76865